

# Breakfast – mid morning



## Breakfast items

Toast (plain)

Fresh fruit

Fruit pot

Yoghurt

Cereal bars

## Daily specials

Monday	Turkey meatballs sub	£1.00
Tuesday	Fiery cheese flatbread	£1.00
Wednesday	Waffle	£1.00
Thursday	Cheesy French toast	£1.00
Friday	Cheesy toastie	£1.00

## Daily Cafe

Cold choice £1.10	Freshly prepared baguettes and sandwiches with selection of fillings
Homebaking 75p	Selection of cookies, muffins and flapjack

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

Remember to pre-order  
and beat the queues

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please contact us to discuss how we can best meet your needs.  
Phone: 0303 123 1015 Email: [equalities@southlanarkshire.gov.uk](mailto:equalities@southlanarkshire.gov.uk)

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## Daily Meal Deal £1.65

Main meal with selection of soup or fresh fruit pot or yoghurt or drink

	Soup	Main meal
Monday	Lentil (v)	Chicken tikka with rice or Pitta bread tacos or Vegetable tikka with rice (v)
Tuesday	Tomato (v)	Macaroni cheese with garlic bread (v) or Turkey meatballs sub
Wednesday	Chicken noodle or Vegetable noodle (v)	Steak pie with mashed potatoes or Chicken goujons flat bread or Arrabiata pasta pot (v)
Thursday	Minestrone (v)	Chicken curry with rice or Fiery cheese flat bread (v) or Vegetable curry with rice (v)
Friday	Lentil (v)	Fish and chips or Cheese and tomato pizza with wedges (v) or Baked potato with selection of fillings (v)

## Daily Café

Hot choice £1.30	Panini/Pizzini
Cold choice £1.10	Freshly prepared baguettes and sandwiches with selection of fillings
Homebaking 75p	Selection of cookies, muffins and flapjack

**Fresh fruits** Selection of seasonal fresh fruits and fruit pots available daily

A selection of bread and fresh water is available with all meals - presented at service counter each day.

**Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.**

Week 1    29/10    19/11    10/12    14/1    4/2    25/2    18/3    **New menu**

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## Daily Meal Deal £1.65

Main meal with selection of soup or fresh fruit pot or yoghurt or drink

	Soup	Main Meal
<b>Monday</b>	<b>Lentil (v)</b>	<b>Chicken pie with mashed potato or Macaroni cheese with garlic bread (v)</b>
<b>Tuesday</b>	<b>Tomato (v)</b>	<b>Lasagne or Chicken in a bun or Cheese and tomato pizza with wedges (v)</b>
<b>Wednesday</b>	<b>Vegetable (v)</b>	<b>Chicken curry with rice or Fiery cheese flat bread (v) or Vegetable curry with rice (v)</b>
<b>Thursday</b>	<b>Chicken noodle or Vegetable noodle (v)</b>	<b>Sausage pastry with wedges or Arrabiata pasta pot (v) or Savoury pastry with wedges (v)</b>
<b>Friday</b>	<b>Lentil (v)</b>	<b>Fish and chips or Chicken tikka with rice or Baked potato with selection of fillings (v)</b>

## Daily Café

<b>Hot choice £1.30</b>	<b>Panini/Pizzini</b>
<b>Cold choice £1.10</b>	<b>Freshly prepared baguettes and sandwiches with selection of fillings</b>
<b>Homebaking 75p</b>	<b>Selection of cookies, muffins and flapjack</b>

**Fresh fruits** Selection of seasonal fresh fruits and fruit pots available daily

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Week 2    5/11    26/11    17/12    21/1    11/2    4/3    25/3    **New menu**

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## Daily Meal Deal £1.65

Main meal with selection of soup or fresh fruit pot or yoghurt or drink

	Soup	Main Meal
<b>Monday</b>	Lentil (v)	Chicken curry with rice or Salmon bake with wedges or Vegetable curry with rice (v)
<b>Tuesday</b>	Tomato (v)	Roast beef dinner with mashed potatoes or Fiery cheese flat bread (v) or Arrabiata pasta pot (v)
<b>Wednesday</b>	Split pea (v)	Chicken tikka with rice or Turkey meatballs sub or Vegetable tikka with rice (v)
<b>Thursday</b>	Chicken noodle or Vegetable noodle (v)	Macaroni cheese with garlic bread (v) or Steak and onion sub
<b>Friday</b>	Lentil (v)	Fish and chips or Cheese and tomato pizza with wedges (v) or Baked potato with selection of fillings (v)

## Daily Café

<b>Hot choice £1.30</b>	Panini/Pizzini
<b>Cold choice £1.10</b>	Freshly prepared baguettes and sandwiches with selection of fillings
<b>Homebaking 75p</b>	Selection of cookies, muffins and flapjack

**Fresh fruits** Selection of seasonal fresh fruits and fruit pots available daily

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Week 3    12/11    3/12    7/1    28/1    18/2    11/3    15/4    **New menu**

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